

JEEP ROGERS FAMILY YMCA

900 Lake Carolina Drive
Columbia, SC 29229

HOMESCHOOL SWIM AND GYM

Swim and Gym time is designed to promote healthy, safe, and active lifestyles as well as the five core values of the YMCA which are Caring, Respect, Honesty, Responsibility, and Faith. This program is for home school children ages 5 to 11 (or grades Kindergarten through 6th).

In the Gym session, the children will be introduced to the YMCA Kid's Fit Program, play organized games, and learn sport skills.

The Swim session will consist of children being able to have free time in the water. Each will be tested and put in the appropriate level for swim instruction. There will be three different levels of swim lessons— beginner, intermediate, and advanced. *For any questions, contact Ervin Mack @ 803.451.8439 ext.19.*

When: Tuesdays 10am-Noon

Schedule

10-10:45	Everyone meets in the gym/ Roll call and Planned activity
10:45-11	To Locker Rooms to change for swim time
11-11:50	Pool Time
11:50-Noon	Showers

Cost per session (8 week session)

Members: \$25 per child/ \$5 off each additional child

Nonmembers: \$40 per child/ \$7 off each additional child

You must be registered by the Thursday before your sessions begin to avoid assessing a \$10 late charge.

Session 1: January 15th - March 4th
Register by Jan. 10th

Session 2: March 11th - May 6th
Register by Mar. 6th



Program Registration

Parent's Name: _____

Session Dates: _____

Please circle one: **Member** **Non-Member**

Please list the children and their ages:

Child's Name	Age	Swim Lessons (Y/N)	Price
--------------	-----	--------------------	-------

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Total Price: _____

Waiver: This application is made with the express understanding that the YMCA is not responsible for any sickness or injury that the applicant may receive while participating in Y Fit and that the YMCA reserves right to reject any and all applications. Applicants agree to hold the YMCA harmless against any and all damages due to sickness or injury occurring while the applicant is participating in said program. Also, I give permission for photographs to be taken of me/my child during normal program activities to be used in YMCA promotional materials without thought of remuneration.

Parent/Guardian Signature: _____

Date: _____