



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Child Watch Guidelines

- ChildWatch serves children 8 weeks to 4 years old. Adventure Club serves children 5 to 11 years old. Children ages 5 to 11 years may be accommodated in ChildWatch if Adventure Club is not open or during special circumstances.
- A current family membership must be held in order to utilize ChildWatch and/or Adventure Club without additional costs.
- The maximum amount of time that a child can be in the ChildWatch is 2 hours per visit. There may be up to 2 visits per day per child, however, there must be at least a 4 hour gap between the end of the first visit and the beginning of the second visit.
- Parent/Guardian must remain on premises while child/children are in ChildWatch.
- Daily sign-in/out to be completed by the parent/legal guardian. Children will only be able to leave with parent/legal guardian or pre-notified designee who is 18 years or older.
- Parents/legal guardians who are not familiar to ChildWatch staff will be asked for proper ID upon picking up the child/children.
- All personal items left with the child/children should be clearly labeled, including diaper bags and backpacks.
- Babies/toddlers should arrive in a clean diaper before being left in our care. Staff will change dirty diapers, for children under 2 years, only if diapers and wipes are provided. If not, the parent will be called and will need to pick up the children from ChildWatch.
- We cannot assist in potty training. If your child has not yet mastered potty training, please bring child in a pull up. No cloth training pants will be allowed. Please provide a change of clothes in case the child/children happens to have an accident.
- Bottles will only be used if necessary as long as they are pre-mixed. Feeding times should be scheduled outside of your work out times. You may provide your child/children a snack and drink but each item must be labeled in order for us to give it to the child/children.
- YMCA staff will under no circumstances administer medications.
- Children who are infectious or contagious cannot be admitted into ChildWatch.
- Children need to be free of fever or taking antibiotics for 24 hours in order to not be considered a health risk to others.
- Parents will be notified if the child becomes ill while in our care. Health concerns include but are not limited to: Temperature of 100 degrees or higher, Diarrhea, Vomiting or Visible Rash.
- Children will not be allowed to cry inconsolably for more than 15 minutes, for any reason. Parents will be required to pick child/children up from ChildWatch. We will work to ease the child/children in ChildWatch and ask for help from the parent/legal guardian.

Keeping a positive perspective on the activities in the room is on going in the ChildWatch Center. If a child disobeys the rules of the room the following discipline procedure is followed:

First Encounter: a verbal warning and rule reminder is given.

Second Encounter: the child is redirected to another positive activity.

Third Encounter: the child is set aside for "Time Out" for a period of one minute per year of age.

Physical Punishment is never allowed. ChildWatch staff will have a discussion with you about concerns that developed during your child's stay. The ChildWatch staff will also ask for your help if a problem continues to disrupt the rest of the room. All incidents involving aggressive behavior will be documented and shared with the parents and we will work together to resolve the problem. If a child continues to show harmful behaviors such as hitting, kicking, or biting, the parent will be found and the child will be removed from the ChildWatch Center.