



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Northwest Family YMCA Youth Facility Usage Policy

(updated April 2011)

8 weeks to 4 years: Child must be checked into ChildWatch unless supervised by parent/guardian or participating in a YMCA supervised program.

5 to 11 years: Child must be checked into Adventure Club unless supervised by parent/guardian or participating in a YMCA supervised program.

12 to 14 years: Children may use the facility independently as long as a parent/guardian is in the facility. If parent/guardian is not in the facility the child must be registered and participating in a YMCA supervised program. Please see "Wellness Center" for age guidelines that may differ from other areas of the facility.

Pool Usage: Children 12 years or older may use the pool without parent/guardian remaining on the pool deck AFTER being swim tested and banded according to their ability. Parents must be in the facility while the child uses the pool unless the child is participating in YMCA supervised program. Parent/guardian must pick child up from pool deck in order to keep the child from being in facility by themselves. Guards will ensure the child's safety while in the pool, but are not responsible for the child once they leave the pool deck.

Wellness Center: Children 10 to 11 years old are permitted to use the cardio equipment in the Wellness Center AFTER completing the Y-Fit or Jumpstart program (register at the Welcome Center). Teens 12 to 14 years old are permitted to use the cardio and pin select equipment in the Wellness Center AFTER completing the Y-Fit or Jumpstart program (register at the Welcome Center). They must be accompanied by their parent/guardian and wear their Y-Fit/Jumpstart badge.
Children under 10 years old are not allowed in the Wellness Center.
Children/Teens under 15 years old are NOT allowed to use the free weight equipment.

Full membership privileges are given to anyone 15 years old and older once a waiver of liability has been signed by the parent/guardian.