



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

Effective August 17th

JEEP ROGERS FAMILY YMCA

MONDAYS, TUESDAYS & THURSDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM		
	1	Lap Swim																Pool Closed at 9:30p		
	2	Lap Swim																		
	3	Lap Swim																		
	4	Lap Swim																		
	5	Masters Swim Tues/Thurs		Lap Swim															Masters Swim Tues/Thurs	
	6	Lap Swim																		
	7	Open Swim																		
	8	Water Aerobics				Family Swim								Swim Lessons					Family Swim	

WEDNESDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	
	1	Lap Swim																Pool Closed at 9:30 PM	
	2	Lap Swim																	
	3	Lap Swim																	
	4	Lap Swim																	
	5	Lap Swim																	
	6	Lap Swim																	
	7	Open Swim																	
	8	Water Aerobics				Family Swim								Swim Lessons					Family Swim

FRIDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM		
	1	Lap Swim																Pool Closed at 7:30PM
	2	Lap Swim																
	3	Lap Swim																
	4	Lap Swim																
	5	Lap Swim																
	6	Lap Swim																
	7	Open Swim																
	8	Water Aerobics				Family Swim								Make-up swim lessons if needed				

SATURDAYS	Lane	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM		
	1	Swim Lessons											Pool Closed at 5:30PM
	2	Lap Swim											
	3	Lap Swim											
	4	Lap Swim											
	5	Lap Swim											
	6	Lap Swim											
	7	Open Swim											
	8	Water Aerobics				Family Swim							

Fridays from 4:30 PM-7:30 PM are reserved for make-up swim lessons. If not needed, it is reserved for Open Swim/Lap Swim.

SUNDAYS	Lane	1PM	2PM	3PM	4PM	5PM	
	1	Lap swim					Pool Closed at 5:00PM
	2	Lap swim					
	3	Lap swim					
	4	Lap swim					
	5	Lap swim					
	6	Lap swim					
	7	Family Swim					
	8	Family Swim					

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.