



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

Effective August 17th

JEEP ROGERS FAMILY YMCA

MONDAYS, TUESDAYS & THURSDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	
	1	Lap Swim													Lap Swim		Pool Closed at 9:30p		
	2	Lap Swim													Lap Swim				
	3	Lap Swim													Lap Swim				
	4	Lap Swim													Lap Swim				
	5	Masters Swim Tues/Thurs		Lap Swim														Masters Swim Tues/Thurs	
	6	Lap Swim													Lap Swim				
	7	Lap Swim													Lap Swim				
	8	Open Swim		Water Aerobics			Family Swim						Swim Lessons		Family Swim				
8	Lap Swim													Lap Swim					

WEDNESDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim													Lap Swim		Pool Closed at 9:30 PM	
	2	Lap Swim													Lap Swim			
	3	Lap Swim													Lap Swim			
	4	Lap Swim													Lap Swim			
	5	Lap Swim													Lap Swim			
	6	Lap Swim													Lap Swim			
	7	Lap Swim													Lap Swim			
	8	Open Swim		Water Aerobics			Family Swim						Swim Lessons		Family Swim			
8	Lap Swim													Lap Swim				

FRIDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	
	1	Lap Swim													Lap Swim		Pool Closed at 7:30PM
	2	Lap Swim													Lap Swim		
	3	Lap Swim													Lap Swim		
	4	Lap Swim													Lap Swim		
	5	Lap Swim													Lap Swim		
	6	Lap Swim													Lap Swim		
	7	Lap Swim													Lap Swim		
	8	Open Swim		Water Aerobics			Family Swim						Make-up swim lessons if needed				
8	Lap Swim													Lap Swim			

SATURDAYS	Lane	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	
	1	Swim Lessons										Pool Closed at 5:30PM
	2	Swim Lessons										
	3	Swim Lessons										
	4	Swim Lessons										
	5	Swim Lessons										
	6	Swim Lessons										
	7	Swim Lessons										
	8	Water Aerobics		Family Swim						Family Swim		
8	Swim Lessons											

Fridays from 4:30 PM-7:30 PM are reserved for make-up swim lessons. If not needed, it is reserved for Open Swim/Lap Swim.

SUNDAYS	Lane	1PM	2PM	3PM	4PM	5PM
	1	Lap swim				Pool Closed at 5:00PM
	2	Lap swim				
	3	Lap swim				
	4	Lap swim				
	5	Lap swim				
	6	Lap swim				
	7	Lap swim				
	8	Family Swim				
8	Lap swim					

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.