



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

ORANGEBURG COUNTY YMCA

MONDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	
	1	Lap Swim				Water Aerobics		Water Aerobics											Pool Closed at 9:30p
	2	Lap Swim																	
	3	Lap Swim																	
	4	Lap Swim																	
	5	Lap Swim										Swim Lessons							
	6	Lap Swim																	

TUESDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim				Water Aerobics	Water Aerobics											Pool Closed at 9:30p
	2	Lap Swim																
	3	Lap Swim																
	4	Lap Swim																
	5	Lap Swim										Swim Lessons and Swim Team						
	6	Lap Swim																

WEDNESDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	
	1	Lap Swim				Water Aerobics		Water Aerobics											Pool Closed at 9:30p
	2	Lap Swim																	
	3	Lap Swim																	
	4	Lap Swim																	
	5	Lap Swim										Swim Lessons							
	6	Lap Swim												Water Aerobics					

THURSDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim				Water Aerobics	Water Aerobics											Pool Closed at 9:30p
	2	Lap Swim																
	3	Lap Swim																
	4	Lap Swim																
	5	Lap Swim										Swim Lessons and Swim Team						
	6	Lap Swim																

FRIDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	Pool Closed at 7:30PM		
	1	Lap Swim				Water Aerobics		Water Aerobics											
	2	Lap Swim																	
	3	Lap Swim																	
	4	Lap Swim																	
	5	Lap Swim										Make-up swim lessons if needed							
	6	Lap Swim																	

SATURDAYS	Lane	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	Pool Closed at 5:30PM	
	1	Swim Lessons											
	2	Swim Lessons											
	3	Swim Lessons											
	4	Swim Lessons											
	5	Lap Swim											
	6	Lap Swim											

Additional Information:

- *Lap lanes are for individuals swimming laps.
- *Lanes are double occupancy. Circle swimming is encouraged during busy times.
- *The spa is only available during pool hours. Pool closes half an hour before the YMCA.
- *Programs listed have priority over open recreational swimming.
- *The pool is open to members for recreational swimming when space is available during listed programming.
- *Schedule may change without notice.

SUNDAYS	Lane	1PM	2PM	3PM	4PM	5PM	Pool Closed at 5:00PM
	1						
	2						
	3						
	4						
	5						
	6	Lap swim					

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.