



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2019 COUNSELOR IN TRAINING APPLICATION

All applications are due by May 11, 2019. Please complete full application and drop-off at the YMCA you want to attend.

Counselor in Training’s Full Name: _____

The Counselor in Training (C.I.T.) program provides teens with training in how to use effective leadership skills throughout their lives and how to effectively lead children. CIT's are provided with training, leadership, and mentors as they assist in day camp programs and field trips. CIT's must attend the training dates that will ensure they are comfortable and prepared to work with youth.

- Ages:** 14 – 16 years
- Days/Times:** Monday-Friday 9am-3pm
- Cost:** \$50 per week for Y members \$75 per week for non-members

CIT PROGRAM PERKS

- Teens will be mentored by positive YMCA role models.
- Teens will be certified in First Aid and CPR.
- Teens develop and improve leadership skills to use throughout their life.
- Teens develop friendships with other teens that share their passion for working with children.
- Teens gain real world skills that they can use in future careers.
- Teens have fun serving as role models making an impact on the lives of younger children.
- Teens earn community service hours that will help with college applications, presidential awards, and more.

ELIGIBILITY

- Applicants must be 14-16 years old.
- Applicants must complete and submit a CIT Program Application by May 11, 2019.
- Both applicant and parent/guardian must be available and participate in an interview after application has been received.
- Applicant must be able to attend the summer camp staff training prior to attending a Service Week.
- Applicant must have a strong desire to work with kids.

The CIT program takes place throughout the summer, coinciding with regular camper sessions. Please select the weeks you wish to participate in the CIT program. Please note: You may be assigned weeks, and not be selected for all weeks chosen.

- | | |
|-------------------------------------------|---------------------|
| ___ Staff Training (All CITs MUST attend) | |
| ___ June 10-14 | ___ July 15-19 |
| ___ June 17-21 | ___ July 22-26 |
| ___ June 24- 28 | ___ July 29 – Aug 2 |
| ___ July 1-5 | ___ August 5-9 |
| ___ July 8-12 | ___ August 12-16 |



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CIT PARTICIPANT INFORMATION

CIT Name: _____ DOB: __/__/____ Age: _____ Gender: _____ Grade/Fall 19: _____ Shirt Size: _____

Home Address _____ City _____ State _____ Zip _____ Cell Phone _____
School: _____ Email: _____

PARENT/GUARDIAN INFORMATION

Parent/Guardian's Legal Name: _____ DOB: __/__/____ Gender: _____
Email: _____ Cell Phone: _____
Employer: _____ Work Phone: _____

VOLUNTEER/WORK EXPERIENCE

Organization: _____ Position: _____ Dates: _____
Responsibilities: _____

CERTIFICATIONS, CLUBS AND INTERESTS Please list any certifications, training, special skills, groups, clubs, sports, or activities you have participated in.

REFERENCES Please list two references other than Parent/Guardian.

Reference Name	Phone Number	Relationship



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CIT PARTICIPANT QUESTIONNAIRE

Have you ever been a YMCA camper? YES NO # of Years: _____

Camp(s) Attended: _____

Why are you interested in joining the CIT program?

What do you hope to gain from the experience?

Of the 5 Core Values of the YMCA: Honesty, Caring, Respect, Responsibility, and Faith... Which of them is the most important to you, and why?

We can only take a limited number of CIT applicants. Why should we choose you?

With the limited spots in the CIT program, why should you be granted acceptance into the program?

As a CIT you will be a role model for young campers. What good character trait will you model for young campers every day?

If selected, which YMCA Summer Camp would you prefer to be placed at? * Please note: you may be offered a spot at another location.

Jeep Rogers Family YMCA Northwest Family Lexington Family YMCA



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PARTICIPANT AGREEMENT AND PARENT PERMISSION

With your parent/Guardian please review and sign the following agreement.

- I WILL follow both YMCA and Camp policies and procedures at all times
- I WILL successfully complete and fully participate in the required training
- I WILL be at camp on time everyday during the CIT sessions I am scheduled for.
- I AM aware that as a leader others are counting on my presence.
- I WILL at all times remember that being a CIT is a big responsibility and that I am attending camp not as a camper but as a role model for younger children.
- I WILL exhibit good character and responsibility at all times and fully participate in all camp activities.
- I WILL NOT assume adult responsibilities.
- This means that I cannot:
 - Be left alone with children
 - Be counted as a staff in ratios
 - Be on my own without staff supervision

I have read and understand the agreement by which CIT candidates will be expected to abide by.

CIT Printed Name: _____ **Signature:** _____

Date: _____

Parent Printed Name: _____ **Signature:** _____

Date: _____