



INDOOR POOL SCHEDULE

JEEP ROGERS FAMILY YMCA September/October 2020

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim				Water Aerobics					Lap Swim				SwimTeam			Lap Swim
2																		
3			Swim Team															
4																		
5																		
6	Master Swim																	
7				Swim Lessons										Swim Lessons				
8																		

TUESDAY	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim				Water Aerobics					Lap Swim				SwimTeam			Lap Swim
2																		
3			Swim Team															
4																		
5																		
6																	Master Swim	
7				Swim Lessons										Swim Lessons				
8																		

WEDNESDAY	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim				Water Aerobics					Lap Swim				SwimTeam			Lap Swim
2																		
3			Swim Team															
4																		
5																		
6																		
7				Swim Lessons										Swim Lessons				
8																		

THURSDAY	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM
	1	Lap Swim				Water Aerobics					Lap Swim				SwimTeam			Lap Swim
2																		
3			Swim Team															
4																		
5																		
6																	Master Swim	
7				Swim Lessons										Swim Lessons				
8																		

FRIDAYS	Lane	5AM	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM
	1	Lap Swim									Lap Swim				SwimTeam		
2																	
3			Swim Team			Water Aerobics											
4																	
5																	
6	Master Swim																
7																	
8																	

SATURDAYS	Lane	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	5PM
	1										Lap swim
2											
3			Swim Lessons								
4											
5											
6											
7	Masters Swim							Family Swim			
8											

SUNDAYS	Lane	1PM	2PM	3PM	4PM	5PM
	1					
2						
3						
4						
5						
6						
7						
8						

Additional Information:

*Lap lanes are for individuals swimming laps.

*Lanes are double occupancy. Circle swimming is encouraged during busy times.

*Programs listed have priority over open recreational swimming.

*The pool is open to members for recreational swimming when space is available during listed programming.

*Schedule may change without notice.