



# NorthWest Family YMCA

## Pool Schedule

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday																															
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8																
5AM																																									Water Aerobics								Swim Team								Swim Lessons (SL)								Lanes available for lap/family/open swim															
6AM																																																																																
7AM	Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Swim Lessons								<p><b>Circle swimming is encouraged during busy times.</b></p> <p><b>Lap swim only in lane 7 from 4pm-8pm (no family swim)</b></p>																							
8AM																																																																																
9AM																																																																																
10AM																																																																																
11AM	SL								SL								SL								SL								SL								SL								SL																															
12PM																																																																																
1PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																															
2PM																																																																																
3PM	Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 7:45PM								Pool Closes at: 5:45PM								Pool Closes at: 5:15PM																															
4PM																																																																																
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**Children under 11 must be accompanied by a parent or guardian over 18 years old. Non-swimming children should be in arms reach of adult or guardian at all times, with parent in the water. Non-potty trained children must have a vinyl diaper to enter the pool**