



NorthWest Family YMCA

Pool Schedule

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday															
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
5AM									ST																ST																Water Aerobics Swim Team Swim Lessons (SL) Home School Swim & Gym (HS) Lap Swim Only (No Family Swim)																							
6AM																																																																
7AM																	Water Aerobics HS Water Aerobics																																															
8AM																	Water Aerobics																																															
9AM																	Water Aerobics																																															
10AM																	Water Aerobics																																															
11AM																	Water Aerobics																																															
12PM																																																																
1PM																																									Swim Lessons Circle swimming is encouraged during busy times. Lap swim only in lane 7 from 4pm-8pm (no family swim)																							
2PM																																																																
3PM																																																																
4PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																															
5PM																																																																
6PM																																																																
7PM																																																																
8PM																																	Pool Closes at: 7:45PM																															
9PM	Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM																																							

Children under 11 must be accompanied by a parent or guardian over 18 years old. Non-swimming children should be in arms reach of adult or guardian at all times, with parent in the water. Non-potty trained children must have a vinyl diaper to enter the pool