



NorthWest Family YMCA

Pool Schedule: July 1 - July 25

| | Monday | | | | | | | | Tuesday | | | | | | | | Wednesday | | | | | | | | Thursday | | | | | | | | Friday | | | | | | | | Saturday | | | | | | | | Sunday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Water Aerobics | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Swim Team | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7AM | Swim Lessons (SL) | | | | | | | | | | | | | | | | Summer Swim Team | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8AM | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Lap Swim Only (No Family Swim) | | | | | | | | | | | | | | | |
| 9AM | SL | | | | | | | | Water Aerobics | | | | | | | | SL | | | | | | | | Water Aerobics | | | | | | | | SL | | | | | | | | Water Aerobics | | | | | | | | Water Aerobics | | | | | | | | Swim Lessons | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Swim Team | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1PM | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Summer Camp | | | | | | | | | | | | | | | | Circle swimming is encouraged during busy times. Lap swim only in lane 7 from 4pm-8pm (no family swim) | | | | | | | | | | | | | | | |
| 2PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3PM | SL | | | | | | | | | | | | | | | | SL | | | | | | | | | | | | | | | | SL | | | | | | | | | | | | | | | | SL | | | | | | | | | | | | | | | | SL | | | | | | | | | | | | | | | | SL | | | | | | | | | | | | | | | |
| 4PM | Swim Team | | | | | | | | Swim Team | | | | | | | | Swim Team | | | | | | | | Swim Team | | | | | | | | Swim Team | | | | | | | | | | | | | | | | | | | | | | | | Pool Closes 5:45PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6PM | Swim Team | | | | | | | | Swim Team | | | | | | | | Swim Team | | | | | | | | Swim Team | | | | | | | | Swim Team | | | | | | | | | | | | | | | | | | | | | | | | Pool Closes 5:15PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8PM | Pool Closes at: 7:45PM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9PM | Pool Closes at: 8:45PM | | | | | | | | Pool Closes at: 8:45PM | | | | | | | | Pool Closes at: 8:45PM | | | | | | | | Pool Closes at: 8:45PM | | | | | | | | Pool Closes at: 8:45PM | | | | | | | | Children under 11 must be accompanied by a parent or guardian over 18 years old. Non-swimming children should be in arms reach of adult or guardian at all times, with parent in the water. Children under 48 inches must wear a life jacket. Non-potty trained children must have on a vinyl diaper to enter the pool | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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