



# NorthWest Family YMCA

## Pool Schedule

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday																																							
	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8																																
5AM																																									Water Aerobics																																															
6AM																																									Swim Team																																															
7AM	Swim Lessons (SL)																																																																																							
8AM	Homeschool Swim & Gym																																																																																							
9AM	Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Lap Swim Only (No Family Swim)																																															
10AM	Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Swim Lessons								<p>Circle swimming is encouraged during busy times.</p> <p>Lap swim only in lane 7 from 4pm-8pm (no family swim)</p>																																							
11AM	Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Swim Lessons																																															
12PM	Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Swim Lessons																																															
1PM	Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Water Aerobics								Swim Lessons																																															
2PM																																																																																								
3PM																																																																																								
4PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																																							
5PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																															
6PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																															
7PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																															
8PM	Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team								Swim Team																															
9PM	Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM								Pool Closes at: 8:45PM																															
																																																																									<p>Pool Closes at: 5:45PM</p> <p>Pool Closes at: 5:15PM</p> <p>Pool Closes at: 7:45PM</p> <p>Children under 11 must be accompanied by a parent or guardian over 18 years old. Non-swimming children should be in arms reach of adult or guardian at all times, with parent in the water. Children under 48 inches must wear a life jacket. Non-potty trained children must have on a vinyl diaper to enter the pool</p>															