

Pool Closes at:

8:45PM

9PM

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8:45PM

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## NorthWest Family YMCA

Pool Schedule - July 2025 Monday **Tuesday** Wednesday **Friday** Saturday Sunday 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 2 3 4 5 6 7 8 4 5 6 7 8 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 Water Aerobics 5AM Swim Team Swim Lessons (SL) 6AM **Summer Swim Team Summer Camp** Swim 7AM Team Lap Swim Only (No Family Swim) 8AM Circle swimming is encouraged 9AM during busy Water Water Water times. Aerobics Aerobics Aerobics Water Water Swim 10AM SL SL SL SL Aerobics Aerobics Lessons Lap swim only in lane 7 from 4pm-11AM 8pm (no family swim) 12PM 1PM Summer Summei Summe 2PM 3PM SL 4PM **Pool Closes Pool Closes** 5PM 5:15PM 5:45PM Swim Team Swim Team Swim Team Swim Team 6PM Children under 11 must be accompanied by a parent or guardian over 18 years old. Nonswimming children should be in arms reach 7PM of adult or guardian at all times, with parent in the water. Non-potty trained children Pool Closes at: must have on a vinyl diaper to enter the pool 8PM 7:45PM

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