


























Jeep Rogers YMCA Gym Schedule

Jeep Rogers Family YMCA Gym Summer Schedule: July 14 - August 2025

Court	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	1	2	1	2	1	2	1	2	1	2	1	2	1	2		
5AM													<div>Programs listed have priority over open gym The Y reserves the right to modify this schedule at anytime to best accommodate all members - Open Gym - Court 2 is reserved for ages 18+</div>			
6AM																
7AM																
8AM																
9AM	Summer Day Camp		Summer Day Camp		Summer Day Camp		Summer Day Camp		Summer Day Camp							
10AM																
11AM											Line Dance				Move & Groove	
12PM																
1PM											Family Open Gym 				ADULT OPEN GYM 18+ 	
2PM																
3PM																
4PM																
5PM					Adult Volleyball 18+								Gym Closes 5:20 PM			
6PM																
7PM																
8PM	Gym Closes 8:50PM		Gym Closes 8:50PM		Gym Closes 8:50PM		Gym Closes 8:50PM		Gym Closes 7:50PM		* No practices or games June 30 - July 5th					



Open Gym

Group Ex Programs

Childcare

League Play