



Jeep Rogers YMCA Gym Schedule

Jeep Rogers Family YMCA Gym Summer Schedule: August 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Court	1	2	1	2	1	2	1	2	1	2	1	2	1	2
5AM													<div>Programs listed have priority over open gym</div> <div>The Y reserves the right to modify this schedule at anytime to best accommodate all members -</div> <div>Open Gym -Court 2 is reserved for ages 18+</div>	
6AM														
7AM														
8AM														
9AM														
10AM														
9AM	Pickleball				Pickleball				Pickleball					
10AM														
11AM														
12PM	Line Dance		Move & Groove		Move & Groove		Move & Groove							
1PM													Family Open Gym	
2PM														
3PM														
4PM	Afterschool		Afterschoo 1		Afterschoo 1		Afterschoo 1		Afterschool				<div>ADULT OPEN GYM 18+</div>	
5PM														
6PM														
6PM													Gym Closes 5:20 PM	
7PM														
8PM														
8PM	Gym Closes 8:50PM		Gym Closes 8:50PM		Gym Closes 8:50PM		Gym Closes 8:50PM		Gym Closes 7:50PM		Gym Closes 5:50PM			



Open Gym

Group Ex Programs

Adult Play

Childcare

Pickleball