



# Jeep Rogers YMCA Gym Schedule

## Jeep Rogers Family YMCA Gym Winter Schedule: January 2026

Court	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	1	2	1	2	1	2	1	2	1	2	1	2	1	2
5AM														
6AM														
7AM														
8AM														
9AM														
10AM														
11AM														
12PM														
1PM														
2PM														
3PM														
4PM														
5PM														
6PM														
7PM														
8PM														



Open Gym

Group Ex Programs

Adult Play

Childcare

Pickleball

For any questions or concerns, please reach out to our Sports Director, Tiara Ramey at [tiararameycolumbiaymca.org](mailto:tiararameycolumbiaymca.org) or call 803-451-8434

Programs listed have priority over open gym

The Y reserves the right to modify this schedule at anytime to best accommodate all members -

**Open Gym** -Court 2 is reserved for ages 18+

Basketball Practice

Family Open Gym

**ADULT OPEN GYM B-Ball 18+**

Gym Closes 5:20 PM