



NorthWest Family YMCA

Pool Schedule - 2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday												
1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	
5AM																								
6AM																								
7AM																								
8AM																								
9AM																								
10AM																								
11AM																								
12PM																								
1PM																								
2PM																								
3PM																								
4PM																								
5PM																								
6PM																								
7PM																								
8PM																								
9PM	Pool Closes at: 8:45PM		Pool Closes at: 8:45PM		Pool Closes at: 8:45PM		Pool Closes at: 8:45PM		Pool Closes at: 7:45PM															

Water Aerobics

Swim Team

Swim Lessons (SL)

Home School Swim & Gym

Summer Camp

Lap Swim Only (16 & Older)

Circle swimming
is encouraged
during busy
times.

Lap swim only in
lane 7 from 4pm-
8pm (no family
swim)

Pool Closes
5:45PM

Pool Closes
5:15PM

Children under 11 must be accompanied by a parent or guardian over 18 years old. Non-swimming children should be in arms reach of adult or guardian at all times, with parent in the water. Non-potty trained children must have on a vinyl diaper to enter the pool