



HUDDLE UP – IT'S FOOTBALL SEASON! MAY 18 – JULY 11, 2026

Youth Flag Football at the YMCA of Columbia is fast, energetic, and built for skill development. Players learn route running, catching and throwing, defensive positioning, and game awareness in an exciting, non-contact format.

Practices emphasize fundamentals and teamwork, while game days create a competitive but positive atmosphere.

Our focus is building confident athletes who understand the game, compete hard, and support their teammates every step of the way.

SIGN UP TODAY!



IMPORTANT SEASON DATES

REGISTRATION: March 2 – May 3

LATE REGISTRATION: May 4-10

PRACTICE: Begins Week of May 18-22

GAMES (6): May 30; June 6, 13, 20, 27; July 11

Note: Detailed calendar and Q&A on back.

LOCATION: Owens Field 1401 Jim Hamilton Blvd

COST

Age	M	NM	Jersey Fee	Late Fee*
M=Member		NM=Nonmember		
3-5	\$40	\$70	\$20	\$25
6-9	\$65	\$95	\$20	\$25
10+	\$70	\$100	\$20	\$25

COACHES

We're always looking for great volunteer coaches! There's nothing more rewarding than teaching a child a new skill and watching their confidence grow. **Team coaches receive a 50% registration reimbursement.**

More information on back!

QUESTIONS

Contact Sports Director Lane Hein at lanehein@columbiaymca.org

DOWNTOWN YMCA

1447 Hampton St, Columbia, SC 29201 | 803.799.9187

columbiaymca.org/sports



2026 SUMMER FOOTBALL CALENDAR

March 2–May 3	Registration
May 4–10	Late registration - additional \$25 fee
May 12	Team assignments, practice schedules, and virtual parent meetings made available.
May 18	Game schedules posted
May 18–22	Ages 6 and up , practices begin. Practices take place Monday–Friday.
May 23	Ages 3–5 will meet for a brief orientation. Practices and games on Saturdays. Will not meet on weeknights.
May 30	Game 1
June 6	Game 2
June 13	Game 3
June 20	Game 4
June 27	Game 5
July 4	Bye Week
July 11	Game 6

FREQUENTLY ASKED QUESTIONS. PLEASE READ.

LATE REGISTRATION

- Space is not guaranteed.
- Coach, teammate, and practice time requests are not guaranteed.
- \$25 late fee applies.

COACHES

- Coaches will receive a 50% reimbursement on registration.
- Indicate during registration if you'd like to be a head coach and begin the coaching registration process online (see Sports Director).

UNIFORMS

- Black reversible jerseys must be purchased unless your child already has one. In this case, your black reversible jersey may be re-used.
- Uniforms will be available for pickup at the YMCA front desk on your first night of practice. They will remain available for pickup through the start of the season.
- Mouth guards are required and cleats are strongly recommended.

OTHER

- While requests cannot be guaranteed, we will do our best to accommodate preferences listed in the registration questionnaire.
- PlayerSpace is the YMCA's league management platform (schedules, roster assignments, and communications). Upon registration, the primary account holder email will be granted PlayerSpace access.