



HUDDLE UP – IT'S FOOTBALL SEASON! NOV. 2 – DEC. 19, 2026

Youth Flag Football at the YMCA of Columbia is fast, energetic, and built for skill development. Players learn route running, catching and throwing, defensive positioning, and game awareness in an exciting, non-contact format.

Practices emphasize fundamentals and teamwork, while game days create a competitive but positive atmosphere.

Our focus is building confident athletes who understand the game, compete hard, and support their teammates every step of the way.

SIGN UP TODAY!



IMPORTANT SEASON DATES

REGISTRATION: August 10 – October 11

LATE REGISTRATION: October 12 – 18

PRACTICE: Begins Week of November 2

GAMES (6): Nov. 7, 14, 21; Dec. 5, 12, 19

Note: Detailed calendar and Q&A on back.

LOCATION: Owens Field 1401 Jim Hamilton Blvd

COST

Age	M	NM	Jersey Fee	Late Fee*
M=Member NM=Nonmember				
3-5	\$40	\$70	\$20	\$25
6-9	\$65	\$95	\$20	\$25
10+	\$70	\$100	\$20	\$25

COACHES

We're always looking for great volunteer coaches! There's nothing more rewarding than teaching a child a new skill and watching their confidence grow. **Team coaches receive a 50% registration reimbursement.**

More information on back!

QUESTIONS

Contact Sports Director Lane Hein at lanehein@columbiaymca.org

DOWNTOWN YMCA

1447 Hampton St, Columbia, SC 29201 | 803.799.9187

columbiaymca.org/sports



2026 FALL FOOTBALL CALENDAR

Aug. 10–Oct. 11	Registration
Oct. 12–18	Late registration – additional \$25 fee
Oct. 22	Team assignments, practice schedules, and virtual meetings made available.
Oct. 28	Game schedules made available.
Nov. 2–6	Ages 6 and up , practices begin. Practices take place Monday–Friday.
Nov. 7	Ages 3–5 Practices and games on Saturdays. Will not meet on weeknights.
Nov. 7	Game 1
Nov. 14	Game 2
Nov. 21	Game 3
Nov. 23–28	Bye Days
Dec. 5	Game 4
Dec. 12	Game 5
Dec. 19	Game 6

FREQUENTLY ASKED QUESTIONS. PLEASE READ.

LATE REGISTRATION

- Space is not guaranteed.
- Coach, teammate, and practice time requests are not guaranteed.
- \$25 late fee applies.

COACHES

- Coaches will receive a 50% reimbursement on registration.
- Indicate during registration if you'd like to be a head coach and begin the coaching registration process online (see Sports Director).

UNIFORMS

- Black reversible jerseys must be purchased unless your child already has one. In this case, your black reversible jersey may be re-used.
- Uniforms will be available for pickup at the YMCA front desk on your first night of practice. They will remain available for pickup through the start of the season.
- Mouth guards are required and cleats are strongly recommended.

OTHER

- While requests cannot be guaranteed, we will do our best to accommodate preferences listed in the registration questionnaire.